



### PSHE Policy 2024

As a Church of England Primary School, through our curriculum, our school environment and our school ethos, we promote pupils' self-esteem and emotional well-being and help children to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community. At our school everyone is valued and feel they belong, they are encouraged, supported and inspired to aim high, achieve and shine!

### Aims

At Ormskirk Church of England Primary School we aim:

- To develop children's wisdom and resilience in an ever-changing world.
- To promote the spiritual, moral, cultural, mental and physical development of our children at the school and in society;
- To prepare our children at school for the opportunities, responsibilities and experiences of later life.
- To provide information about keeping healthy and safe, emotionally and physically.
- To maintain our strong relationships between all parts of the school community underpinning our approach to promoting positive mental health.
- To encourage our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the whole environment.

### PSHE Teaching and Learning

The Programmes of Study identify the key concepts, skills and attributes that are developed through PSHE and are based on three core themes:-

#### **Health and Wellbeing**

- To know and understand what is meant by a healthy lifestyle
- To know how to maintain physical, mental and emotional health and wellbeing
- To know how to manage risks to physical and emotional health and wellbeing including how to respond in an emergency
- To know how to manage change, including puberty, transition and loss

#### **Relationships**

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts
- Know how to recognise and manage a range of emotions within a range of

relationships

- Know how to recognise risky or negative relationships including all forms of bullying and abuse and ask for help
- Know how to respect equality and diversity in relationships

### **Living in the Wider World**

- Know the importance of responsible behaviours and actions
- About rights and responsibilities as members of families and other groups
- Be responsible and independent members of the school community
- Be positive and active members of a democratic society
- Know about the importance of respecting and protecting the environment
- About where money comes from, keeping it safe and the importance of managing it effectively
- The part money plays in people's lives
- A basic understanding of enterprise

### **Planning**

The curriculum overview shows the topics covered by each year group every half-term and are organised into the three core themes which are colour coded green, pink and blue. The medium-term planning grid has been designed for all or most of the learning opportunities from the Programme of Study in every year group and it provides age-appropriate learning objectives and learning outcomes for each session taught which can be adjusted according to pupil's needs. This builds up a "spiral curriculum" where specific learning builds for pupils as they move through school expanding and developing their knowledge, skills and attributes. PSHE is taught by the class teacher for one hour each week.

During Key Stage 1 and 2, PSHE education offers both explicit and implicit learning opportunities and experiences which reflect pupil's increasing independence and physical and social awareness as they move through the primary phase. It builds on the skills that pupils start to acquire during the Early Years Foundation Stage to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE education helps pupils to cope with the changes at puberty, introducing them to a wider world and enables them to make an active contribution to their communities.



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	How can we look after each other and the world?	Who helps to keep us safe?	What can we do with money?
Year 2	How do we recognise our feelings?	What makes a good friend?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	What is bullying?
Year 3	How can we be a good friend?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What keeps us safe?	What are families like?	What makes a community?
Year 4	How do we treat each other with respect?	How can we manage our feelings?	What strengths, skills and interests do we have?	How will we grow and change?	How can we manage risk in different places?	How can our choices make a difference to others and the environment?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can the media influence people?		How can we keep healthy as we grow?		What will change as we become more independent? How do friendships change as we grow?	

At Ormskirk Church of England, we believe that the effective teaching of PSHE will show in the attitudes and behaviour of our pupils towards each other and in the way they conduct themselves.

PSHE is also taught in the following **cross-curricular** areas:

- **English** - enquiry/communication skills; stories (myths and fables, persuasive writing; letter writing (complaint))
- **Maths** - aspects of financial capability; probability; problem solving
- **Science** - drugs/medicines, healthy lifestyles; safety issues and care of the Environment.
- **Design and technology** - health and safety, healthy eating, generating ideas; use of technology.
- **Computing** – communication using the Internet, checking for appropriateness / relevance of sources, use / misuse of Computing, E-safety, use of digital cameras and iPads.
- **History** - use of resources, reasons for / results of historical events; situations and changes within societies, significant people, events, ideas and experiences from the past.
- **Geography** - environmental issues, land use, locality studies, comparing localities.

- **Art** - reflecting on / responding to ideas and experiences through works of art, craft and design from different times and cultures.
- **P.E.** - health and safety, development of social and personal skills through team / individual activities, games and sports.
- **Music** - fully realising musical abilities, valuing the expression of cultural diversity.
- **RE** - moral beliefs values and practices that underpin and influence personal and social issues and relationships.

Throughout the school year, events and activities enhance aspects of PSHE:-

There are numerous **leadership opportunities** for our pupils including;

**School Council** – The School Council is an elected group of children who meet to work on matters related to the school and the local community.

**Eco committee** - The children work on school-based and wider eco- initiatives, including recycling and energy use and raising awareness of important environmental issues.

**Prefects** - Prefects are Year 6 pupils chosen by the staff; they are pupils who have shown they always stick to the school rules, follow our values, have a good attitude towards learning and show good manners; in essence, they are model pupils.

**Mini Police** - Mini Police are Year 5 and Year 6 children who apply for the role as a Mini Police Officer. This role involves primarily working on road safety around the school site. Including parking, but this will be expanded in coordination with local neighbourhood CPSO.

**Digital Leaders** – children Year 3 to Year 6. Each class has a Digital Leader representative. This group focusses on online safety and behaviour as well as promoting the use of technology in their classrooms.

**The Shine Out! Committee** – Are selected after application, and support in developing the Christian distinctiveness of the school. This is in conjunction with the clergy and staff.

**Pupil Librarians** - This team will apply and will work to promote reading as well as manage a budget to replenish books based on children's interests. They will support the school librarian with maintaining the library and ensure that the library is available for children to access at break and lunchtimes.

Pupils are involved in a variety of charity and fundraising events at local, national and international levels eg. Save The Children, NSPCC, Den Day, Friendship Day. We celebrate all the different festivals that reflect the range of our children's home

backgrounds e.g., Diwali. Children also take part in a variety of national events e.g. World Book Day, Anti-Bullying Week, and are involved in school special events such as collective worship, assemblies, celebrations as well as presentation of weekly certificates.

### British Values

We support all our pupils in learning about and deepening their understanding of the British Values set by the DFE. Each class has a weekly 'Picture News' assembly where children explore a range of current issues including political, religious, cultural, environmental, social, moral, spiritual. The assemblies make British Values relevant and meaningful and develop links between personal, school and community values, also allowing children to demonstrate respect and tolerance.

The values are as follows:

- **Democracy** – respect for democracy and support for participation in the democratic process.
- **The Rule of Law** – respect for the basis on which the law is made and applies in England.
- **Individual Liberty** – support and respect for the liberties of all.
- **Mutual Respect and Tolerance** – support for equality of opportunity for all.

Our [PSHE curriculum page](#) has more information around how British Values are taught at Ormskirk Church of England.

### Communication

Parents are consulted about their views of the school using Questionnaires and informal conversations before and after school. The school operates an "open –door" policy. The Head teacher or the Deputy Head teacher are also available every morning on the playground if a parent needs a short conversation or to share a concern. A wide range of after-school clubs take place and there are regular events for parents and families to attend such as coffee mornings, school fair and bingo night.

### Equal Opportunities

All children have equal access to the Personal, Social and Health Education curriculum

regardless of race, gender, creed or ability, in line with the school's policies on Special

Educational Needs [SEN] and Able, Gifted and Talented [AGT] children. This policy pays due regard to the Disability Discrimination Act.

### Assessment

Assessment is an ongoing process and PSHE relies mainly on teacher observation. This year we have introduced PSHE journals which are used for assessment but also for reflection. It is important we remember PSHE is not about data but is about each individual child's development. Baseline activities should be used to measure this progress.

**Plan of action** in PSHE in 2024 – 2025

- Embed newly organised PSHE curriculum planning in line with PSHE Association question model.
- One year group trial new PSHE scheme of work to see if this enhances learning experience.
- Embed PSHE journals ensuring they are expressive and reflective.
- Revise relationships education by meeting with Governors and gaining parental input.