

PE Curriculum Overview 2024 – 2025

	Autumn 1 <sup>st</sup>	Autumn 2 <sup>nd</sup>	Spring 1 <sup>st</sup>	Spring 2 <sup>nd</sup>	Summer 1 <sup>st</sup>	Summer 2 <sup>nd</sup>
EYFS	<p><b>Physical Development</b></p> <p>Keeping healthy Describe change after being active Use small and large equipment Move with control and coordination Awareness of space Letter formation</p>	<p><b>Physical Development</b></p> <p>Awareness of space Use small and large Equipment Experiment with different movement skills Move with confidence and imagination Letter formation</p>	<p><b>Physical Development</b></p> <p>Experiment with different movement skills Travel around, under, over, through Awareness of space Use small and large equipment Letter formation</p>	<p><b>Physical Development</b></p> <p>Experiment with different movement skills Move with confidence and imagination Use small and large equipment Handle materials with safety and control Letter formation</p>	<p><b>Physical Development</b></p> <p>Use small and large equipment Handle materials with safety Move with control, grace and coordination Letter formation</p>	<p><b>Physical Development</b></p> <p>Travel around, under, over, through Use small and large equipment Awareness of space Combining different movements together Letter formation Being a safe pedestrian</p>
Year 1	<p><b>FMS A</b> Running, Jumping &amp; Balance</p>	<p><b>FMS B</b> Hopping, Skipping &amp; Sidestep</p>	<p><b>FMS C</b> Roll, Underarm Throw, Overarm Throw</p>	<p><b>FMS D</b> Catch, Kick &amp; Strike</p>	<p><b>FMS E</b> Dodging, Finding Space, Shooting</p>	<p><b>Athletics – Movement, Throwing, Jumping</b></p>
	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>
Year 2	<p><b>FMS A</b> Running, jumping &amp; balance</p>	<p><b>FMS C</b> Roll, Underarm Throw, Overarm Throw</p>	<p><b>FMS D</b> Catch, Kick &amp; Strike</p>	<p><b>FMS E</b> Dodging, Finding Space, Shooting</p>	<p>Gymnastics</p>	<p><b>Athletics – Movement, Throwing, Jumping</b></p>
	<p><b>FMS B</b> Hopping, Skipping &amp; Sidestep</p>	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>	<p>Swimming</p>

	<b>10-week unit September 9<sup>th</sup> – November 22<sup>nd</sup> 2024</b>	<b>10-week unit November 25<sup>th</sup> 2024 – Feb 14<sup>th</sup> 2025</b>	<b>9-week unit Feb 24<sup>th</sup> – May 5<sup>th</sup> 2025</b>	<b>9-week unit May 12<sup>th</sup> – July 18<sup>th</sup> 2025</b>
	Assessment w/b Nov 11 <sup>th</sup> & Nov 18 <sup>th</sup>	Assessment w/b Feb 3 <sup>rd</sup> & Feb 10 <sup>th</sup>	Assessment w/b May 12 <sup>th</sup> & May 19 <sup>th</sup>	Assessment w/b July 7 <sup>th</sup> & July 14 <sup>th</sup>
Year 3	Invasion Games	Gymnastics	Athletics	Striking & Fielding
Year 3	Swimming	Swimming	Swimming	Swimming
Year 4	Invasion Games	Dance	Athletics	Net & Wall
Year 4	Swimming	Swimming	Swimming	Swimming
Year 5	Invasion Games	Gymnastics	Athletics	Striking & Fielding
Year 5	Swimming	Swimming	Swimming	Swimming
Year 6	Invasion Games	Dance	Net & Wall	Striking & fielding
Year 6	Swimming	Swimming	Swimming	Swimming